

W17/18

YORKVILLE YOUTH

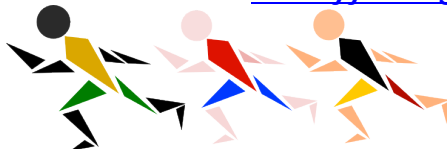
ATHLETIC ASSOCIATION

1968
50
2018

Winter Indoor Track Club 2017-2018

212 360-0022

www.yyaa.org



Day: Sundays

Locations: @ Loyola HS (83rd & Park) --- 3:00pm-4:30pm

December 10, 2017 – March 4, 2018

(Skipping 12/24, 12/31, 2/18)

Yorkville is excited to announce our Winter Track Club for students in Grades 3-8. A professional track coach will lead each session. This program is intended for both beginner and advanced runners. We will be doing both sprinting and distance running.

What to expect: Each session, runners will have a “dynamic warm-up”, stretching exercises, strength & conditioning drills, and fun activities. Each runner will receive a T-shirt and medal.

Runners should bring: Running shoes or sneakers (w/ laces, not Velcro) and a water bottle

Fee: \$225

Name _____ Grade _____ D.O.B. _____ School _____

Address _____ Apt. _____ Zip Code _____

Home Phone _____ Work Phone _____

Cell Phone _____ Cell Phone _____ Player T-Shirt Size _____

E-mail Address (print clearly) _____

Parent's Names _____

Parent Signature _____

Mail to: Yorkville Youth, C/O Arlene Virga, P.O. Box 1556 NY, NY 10028

Please note: no refunds, transfers or credits at any time.

Be sure to fill out the *waiver* on the back of the application page. No application can be accepted without the waiver form completely filled out.

All info/times/locations are subject to change due to gym permits. Yorkville cannot be held responsible for these changes.

Yorkville Youth Athletic Association
Release Statement
2017 - 2018

Release Statement:

I, the parent/guardian of _____, do hereby give my approval for him/her to participate in any and all activities of the Yorkville Youth Athletic Association and agree to abide by all rules and regulations of the institution. I assume all risks and hazards incidental to such participation in these activities, and I do hereby waive, release, absolve, indemnify, and agree to hold harmless the Yorkville Youth Athletic Association and its staff, the Board of Directors of The Yorkville Youth Athletic Association, officers, directors, organizers, sponsors, supervisors, participants, trainers, independent contractors, agents, representatives, all persons transporting my child/dependent to and from activities, the City of New York, New York City's Department of Parks and Recreation, and their respective officials, from any claims, loss, liability, expense or damage arising out of an injury to my child/dependent, whether the result of negligence or for any other cause, except to the extent and in the amount covered by accident or liability insurance. I understand that this release applies to both future and present injuries, damages or loss and is binding on the Player and the Players heirs, executors and administrators.

I understand that the Player may be photographed and/or videotaped during participation in YYAA and hereby grant YYAA permission to use the Players likeness in photographs and/or video in any and all of its publications and in any and all other media.

I also understand that the Yorkville Youth Athletic Association has a no refund, no transfer, no credit policy for any reason at any time for any program. Times and locations are subject to change.

Signature of Parent/Guardian _____ Date _____